



## **Right to Choose Acceptance and Exclusion Criteria**

### **Notes to Referrer**

Please attach a referral letter to the referral.

Please be clear as to which pathway you are referring:

- Child autism assessment – Exeter, Norwich, fully remote
- Adult autism assessment – Exeter, fully remote
- Child ADHD assessment – Norwich
- Child combined autism and ADHD assessment – Norwich

For hybrid assessments: One appointment will be in person in either Devon (Exeter) or Norfolk (Norwich), depending on the pathway you choose. The rest of the appointments will be online.

For fully remote assessments: All appointments will be online.

Please note that our ADHD service is an assessment only service and we do not prescribe medication for ADHD. Please check that your ICB will fund an assessment only service before making the referral.

### **Adult Autism Assessment (18+)**

#### Acceptance Criteria

- For assessment/diagnosis
- 18yrs or over
- Registered with GP practice in England
- Displaying symptoms consistent with Autism.
- Experiencing a significant impact upon personal, social, academic, or occupational functioning.

#### Exclusion Criteria

- People with a complex mental health comorbidity where the needs of the individual will be better supported by the specialist services within mental health provision.
- Active or recent involvement from the following teams: Crisis/Home Based Treatment, Assertive Outreach
- Active, recent, or historic involvement with Aspire (Drug and Alcohol)

- Active or recent admission to Acute Mental Health inpatients or 136 suite
- Active, recent, or historic admission to PICU
- Active or recent history of disordered eating
- Psychosis or treatment for psychotic episode
- Active or recent safeguarding
- Active or recent police involvement
- Diagnosis of Learning Disability/impaired cognitive functioning (Acquired brain injury etc)
- Active or recent episodes of self-harm or suicidal ideation that the referrer is aware of
- Active, recent, or historic episodes of significant self-harm requiring medical attention
- Active, recent, or historic question over mental capacity

### **Child Autism Assessment (2-18) Devon**

#### Acceptance Criteria:

- Children and young people aged 2 to 18 years (up to 18th birthday) registered with a GP in England.
- Where the assessment is completely virtual referrals must be over the age of 7 years old. Where a face to face and play based assessment is part of the process then this can include under 6-Year-olds
- Before a very young child (2-5 years) can be referred for an autism assessment with National Neurodiversity Assessments, they must first be seen by a community paediatrician. Diagnosing autism in very young children can be difficult, and other conditions may look similar. To make sure everything is checked properly, all children aged 2–5 years must have a community paediatrician review before they can be referred.
- GP should be able to provide a reasonable description that suggests that the child / young person may have an ASD.

#### Exclusion Criteria:

- Children and young people with a complex mental health comorbidity where the needs of the individual might be better supported by the specialist services within mental health provision.
- Active or recent involvement from the following teams: Crisis/Home Based Treatment, Assertive Outreach
- Active and recent involvement with Drug and Alcohol Services
- Active or recent admission to Acute Mental Health inpatients or 136 suite
- Active or recent admission to Psychiatric Intensive Care Unit
- Psychosis or treatment for psychotic episode
- Active or recent safeguarding

- Active or recent police involvement
- Diagnosis of Learning Disability/impaired cognitive functioning
- Active or recent episodes of self-harm or suicidal ideation that the referrer is aware of
- Active or recent episodes of significant self-harm requiring medical attention.
- Age if over 18 years. If the young person will be 18 before the assessment is likely to take place the provider will redirect the referral to the appropriate adult service
- Children in court proceedings where intervention is not advised under Home Office guidelines.
- Court assessments, unless specifically contracted.

### **Fully Remote Adult Autism Assessment (18+)**

#### Acceptance Criteria

- For assessment/diagnosis
- 18yrs or over
- Registered with GP practice in England
- Displaying symptoms consistent with Autism.
- Experiencing a significant impact upon personal, social, academic, or occupational functioning.

#### Exclusion Criteria

- People with a complex mental health comorbidity where the needs of the individual will be better supported by the specialist services within mental health provision.
- Active or recent involvement from the following teams: Crisis/Home Based Treatment, Assertive Outreach
- Active, recent, or historic involvement with Aspire (Drug and Alcohol)
- Active or recent admission to Acute Mental Health inpatients or 136 suite
- Active, recent, or historic admission to PICU
- Active or recent history of disordered eating
- Psychosis or treatment for psychotic episode
- Active or recent safeguarding
- Active or recent police involvement
- Diagnosis of Learning Disability/impaired cognitive functioning (Acquired brain injury etc)
- Active or recent episodes of self-harm or suicidal ideation that the referrer is aware of
- Active, recent, or historic episodes of significant self-harm requiring medical attention

- Active, recent, or historic question over mental capacity
- For a remote service specification, those individuals that do not wish to engage remotely or are unable to utilise a remote way of working will be excluded from the service – including those with a significant visual or hearing impairment, people with significant communication difficulties including selective mutism

### **Fully Remote Child Autism Assessment (7-18)**

#### Acceptance Criteria:

- Children and young people aged 7 to 18 years (up to 18th birthday) registered with a GP in England.
- GP should be able to provide a reasonable description that suggests that the child / young person may have an ASD.

#### Exclusion Criteria:

- Children and young people with a complex mental health comorbidity where the needs of the individual might be better supported by the specialist services within mental health provision.
- Active or recent involvement from the following teams: Crisis/Home Based Treatment, Assertive Outreach
- Active and recent involvement with Drug and Alcohol Services
- Active or recent admission to Acute Mental Health inpatients or 136 suite
- Active or recent admission to Psychiatric Intensive Care Unit
- Psychosis or treatment for psychotic episode
- Active or recent safeguarding
- Active or recent police involvement
- Diagnosis of Learning Disability/impaired cognitive functioning
- Active or recent episodes of self-harm or suicidal ideation that the referrer is aware of
- Active or recent episodes of significant self-harm requiring medical attention.
- Age if over 18 years. If the young person will be 18 before the assessment is likely to take place the provider will redirect the referral to the appropriate adult service
- Children in court proceedings where intervention is not advised under Home Office guidelines.
- Court assessments, unless specifically contracted.
- For a remote service specification, those individuals that do not wish to engage remotely or are unable to utilise a remote way of working will be excluded from the service – including those with a significant visual or hearing impairment, people with significant communication difficulties including selective mutism

## **Child Autism and/or ADHD Assessment (6-18) Norfolk**

### Acceptance Criteria:

- Children and young people aged 6 to 18 years (up to 18th birthday) registered with a GP in England.
- GP should be able to provide a reasonable description that suggests that the child / young person may have autism and/or ADHD.
- GPs within Norfolk and Waveney should use the Norfolk and Waveney referral form

### Exclusion Criteria:

- Please note this is an assessment only service and we do not prescribe medication for ADHD. Please check that your ICB will fund an assessment only service before making the referral
- Adults 18+. This is a child only service